



# Michigan Mental Health Resources

Here are some mental health resources that are available in the state of Michigan. Check with your medical team to determine if any of these will meet your current needs.

MHA Affiliate Network contains of more than 200 mental health organizations that work to influence public policy to assure the access of millions of Americans suffering from mental health conditions to sufficient treatment.

MHA affiliates inform, support, and enable mental wellness, and emphasize recovery from mental illness through a collaboration between mental health consumers, caregivers, advocates, and service providers.

In addition, Each MHA affiliate offers a unique type of mental health programs and services through public education, advocacy, information and referral, peer support, rehabilitation services as well as socialization and housing services to those confronting mental health challenges.

For more information and to find this type of services in your area, please visit <https://arc.mhanational.org/find-an-affiliate>.

**SAMHSA Treatment Locator** provides referrals to alcohol, substance abuse and dual diagnosis treatment facilities.

Dual diagnosis services provide treatment for individuals who have either alcohol or substance abuse problem with a mental health illness.

For more information, visit <https://findtreatment.samhsa.gov/locator>, or dial 1.800.662.4357.



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**Crisis Support** can contact you with your local crisis center that can tell you where to seek immediate help in your area.

<https://suicidepreventionlifeline.org>

1.800-273-TALK (1.800-273-8255), or text "MHA" to 741741 to receive text-based crisis help.

**MHA Partnerships** is a network of partners that work together to address the patients' basic mental health needs.

Partners combine knowledge and available resources to provide changes at the individual and societal levels.

This aims to reach a variety of stakeholder groups often resulting in co-branded, tailored content and messaging for promoting topics of mutual interest.

To learn more, please visit <https://www.mhanational.org/partner-us>

**Michigan Department of Health and Human Services:** mental health services in Michigan are coordinated through local Community Mental Health Services Programs (CMHSPs).

To learn more about the available mental health services, visit the link provided below and look for mental health services.

[https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868--,00.html)



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**National Alliance on Mental Illness–Michigan** is a nationwide advocacy group, representing families and people affected by mental health disorders in the United States.

It is considered as the largest grassroots mental health organization dedicated to improving the lives of people who have serious mental illness and their families. The national organization is organized into state and local affiliates, of which NAMI–Michigan is one.

To know more about the services available, visit <https://namimi.org/>

**Michigan 211:** 2-1-1 is a free referral and information helpline that connects people to a wide range of health and human services, 24 hours a day, 7 days a week.

To contact 2-1-1 in any state, including Michigan, simply dial the numbers 2-1-1 from any phone.

<https://namimi.org/>

<https://www.mhanational.org/local-resources>

# Michigan Mental Health Resources

## Community Mental Health Centers in Michigan

This is a map of the Community Mental Health Services Programs in the state of Michigan. Click a county, on the map or list below, to obtain phone numbers for access to local service providers.

[https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868\\_4899-178824-,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_4899-178824-,00.html)

## State of Michigan Operated Inpatient Psychiatric Hospitals

[https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868\\_4896--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_4896--,00.html)

## State of Michigan In Patient Hospitals

[https://www.michigan.gov/documents/mdhhs/Mental Health Services in Michigan\\_3\\_671848\\_7.pdf](https://www.michigan.gov/documents/mdhhs/Mental_Health_Services_in_Michigan_3_671848_7.pdf)

## Community Mental Health Service Programs

[https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868\\_4899--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_4899--,00.html)

## Mental Health Programs and Practices

[https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868\\_38495--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_38495--,00.html)

## Advanced Directives

[https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868\\_41752--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_41752--,00.html)

## Mental Health Publications

[https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868\\_32708--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_32708--,00.html)

# Michigan Mental Health Resources

## Traumatic Brain Injury

[https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868\\_42176---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_42176---,00.html)

## Behavioral Health Advisory Council

[https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868\\_65743---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_65743---,00.html)

## Prescription Drug and Opioid Resources

<https://www.michigan.gov/opioids>