



## **Scleroderma Foundation Michigan Chapter** **Friends for the Fight Suggestions**

*When planning an event to benefit the Scleroderma Foundation Michigan Chapter, take some time to research what types of events are currently being planned in your community. Try to steer away from events that are similar to existing ones. Be creative and focus on current trends to develop a unique and attractive event.*

*These are just suggestions for some fund raisers that you might find appealing!*

- Loose Change: Put containers out at retail businesses to collect loose change.
- Mom Prom: Put on your old prom dress, those old bridesmaid dresses, or even your wedding dress and dance the evening away for scleroderma! (Invite men if you desire.)
- Jail and Bail: Arrest locals who have to raise money before they get “paroled.”
- Softball Tournament: Charge an entry fee for each team.
- Jeans 4 a Cure: Pay \$5 to wear jeans to work.
- Recycle Cans: Keep an extra trash can in the lunch room for cans only, or expand to your whole community and rent a truck and place it in a local school parking lot. Create flyers and think of how much can be raised.
- Concession Stands at school or local community game
- Fashion Show: Ask a local boutique to assist you with showing off their new line of clothing. Go to the local school and ask the students for their help on the project and you have your models and then their parents will come to the event and they will bring their friends too.
- Parents Night Out/Christmas Shopping for Parents: Charge parents for babysitting.
- Pampered Chef Party, Tupperware, Avon or PartyLight: Donate a portion of the sales.
- Curse Buckets/Swear Jars: Must pay a fine for each curse word spoken at work.
- Office Easter Egg Hunt: Charge to hunt eggs at work... look for the prize egg.
- Car Wash: Select a location in the community that has good visibility.
- Letter Writing: Write letters to everyone on your Christmas card list letting them know about scleroderma and asking for a donation to be made to the Michigan Chapter.
- Book Sale: Have a used book sale at work. Not everyone has a Kindle, and people still love paperback books.
- Silent and Live Auctions: Have a silent auction for a fundraiser and ask coworkers in different departments to create competing themed baskets.
- Talent Show: Charge admission for a “No Talent Show.”
- Crafts Auction: Make and sell all kinds of crafts.
- Yard Sales: Have a community/street wide sale.
- Window Washing: Wash car windows at the bank drive through.
- Pamper Yourself Night: Slumber party for women only! Charge \$10 to attend.

- House Cleaning: Clean houses for donations.
- Taking Care of Pets: Charge to take care of someone's pet while they are away.
- Hang People's Christmas Lights: Charge for hanging them and taking down.
- Gift Wrapping: Set up a Christmas package wrapping station at a mall for donations.
- Personal Shopper: Charge to do shopping/errands for someone.
- Take Pictures with Santa: Take donations for pictures with Santa.
- Skate-A-Thon: Host a special night at a skating rink.
- Face Painting: Charge for face painting at a community event.
- Chili Cook off: Charge an entry fee and a fee for samples.
- Hula Hoop Contest: Great for kids AND adults! See who can go the longest (raise pledges).
- Rock-A-Thon: Have students see how long they can rock in rocking chairs and raise pledges.
- Ice Cream Social: Charge admission to sample this tasty treat.
- Lemonade Stand: Set one up on a hot summer day.
- Candy Gumball Machine: Put this in your office for everyone to purchase.
- Most Beautiful Baby Contest: Vote with money donations for the cutest baby.
- Dance Contest: Charge an entry fee to participate.
- Walk-A-Thon with your friends, family and co-workers.
- 5K Run: Can be done easily with friends, family and co-workers at a local school.
- Dinner dance: Check with a Knights of Columbus, VFW or local hall for great discounts of rentals.
- Wine Tasting: This is so much fun, and some party stores are willing to supply all the wine at no cost.
- Bake Sale: Can be done at church, work or school (perfect for all ages).
- Craft Show: Sell your goods and show off your talent for scleroderma.
- Pretzel Sale: Sell pretzels at school, work or during a sporting or community event.
- Glow Necklaces: These are very popular and easy to sell. Sell at the next popular community event and watch them disappear within minutes and your pocket get bigger with all the funds you are raising for finding a CURE!
- Dance-A-Thon: Excellent choice for teens! Teens love to dance, so why not let them dance the night away? All they need to do is collect pledges, dance and have fun. See who has the ability to last the longest.
- Raffle: Raffle off a quilt, item or something fun in your community. The Michigan Chapter will assist you with the required State of Michigan paperwork. Paperwork takes 6 to 8 weeks to be approved, so plan ahead for this activity.
- Euchre Party: Gather your friends together for an evening of euchre. Have them all bring their favorite dish and share some fun. Why not add a few 50/50 raffles and charge an admission? You will be surprised how soon the funds will grow, and soon your event will be moving to the local hall.
- Bowl-A-Thon: Everyone loves to bowl, and no matter if you are good or not, this is an evening or afternoon of laughs! Local bowling alleys are wonderful about assisting with the details. All you need to do is add your family, friends and co-workers.
- Sporting event with the local fire or police department
- Sporting event with the teachers or community members
- Sporting event with the local sporting teams
- Sporting event with doctors or nurses
- 3 on 3 soccer event
- 3 on 3 basketball tournament

- Walking Steps for Scleroderma: Host a climbing the stairs event in which students and members of the community challenge themselves by walking up stairs in a local building for a price or they accept pledges for the task.
- Bike-A-Thon: Select a route in which traffic is not an issue and the participants will enjoy the scenery.
- Golf-A-Thon: If you and your friends enjoy golf, why not encourage them to help you plan the perfect golf outing? Golf courses make this effortless.
- Ink Cartridge Collection: This can be done in a workplace or in a community location.
- Motorcycle rides

*Spending time on promoting your Friends for the Fight will help make it more profitable, and it will also create more awareness for scleroderma.*

*You can get the word out about your Friends for the Fight through social networks, like Facebook and Twitter, flyers, posters or emails. You can also host your own website. Consider doing a posting on eventsetter.com. Write and send out a press release to promote your event in local press venues, but remember to obtain prior approval from the Scleroderma Foundation Michigan Chapter for all advertising and marketing that will be done for your event.*