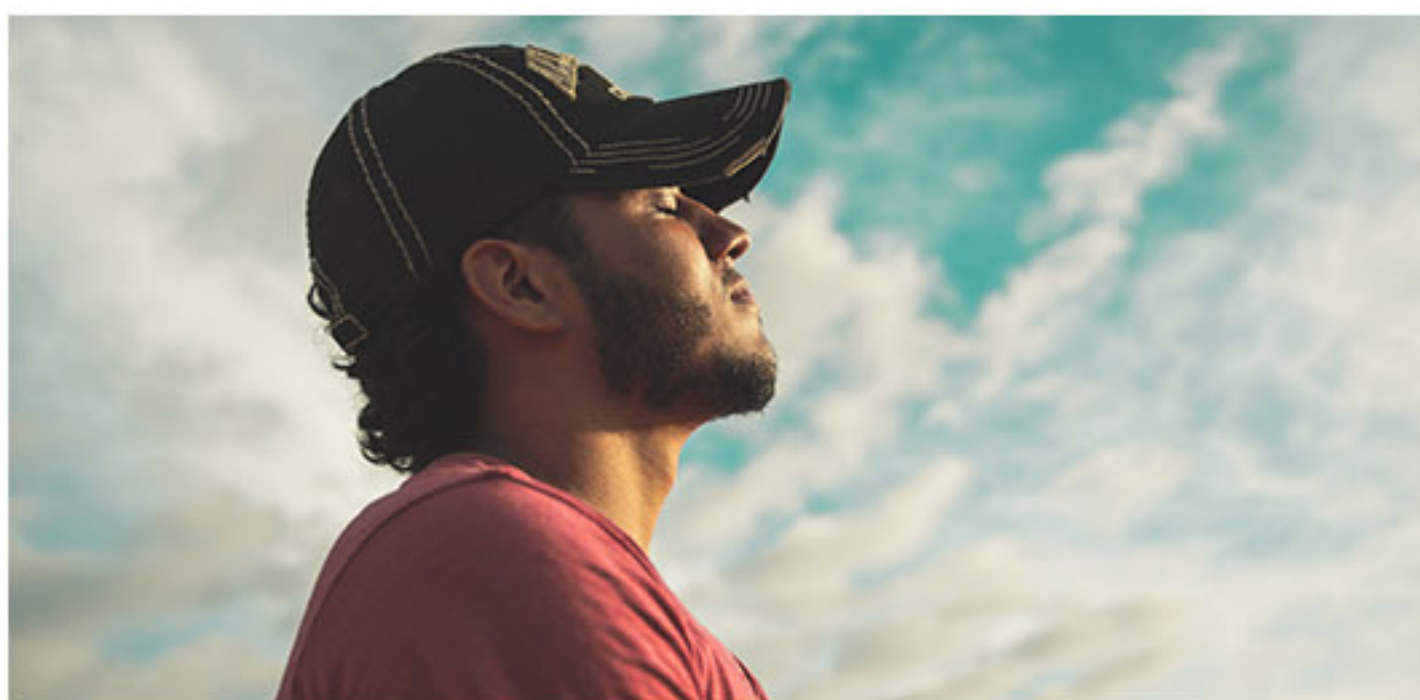


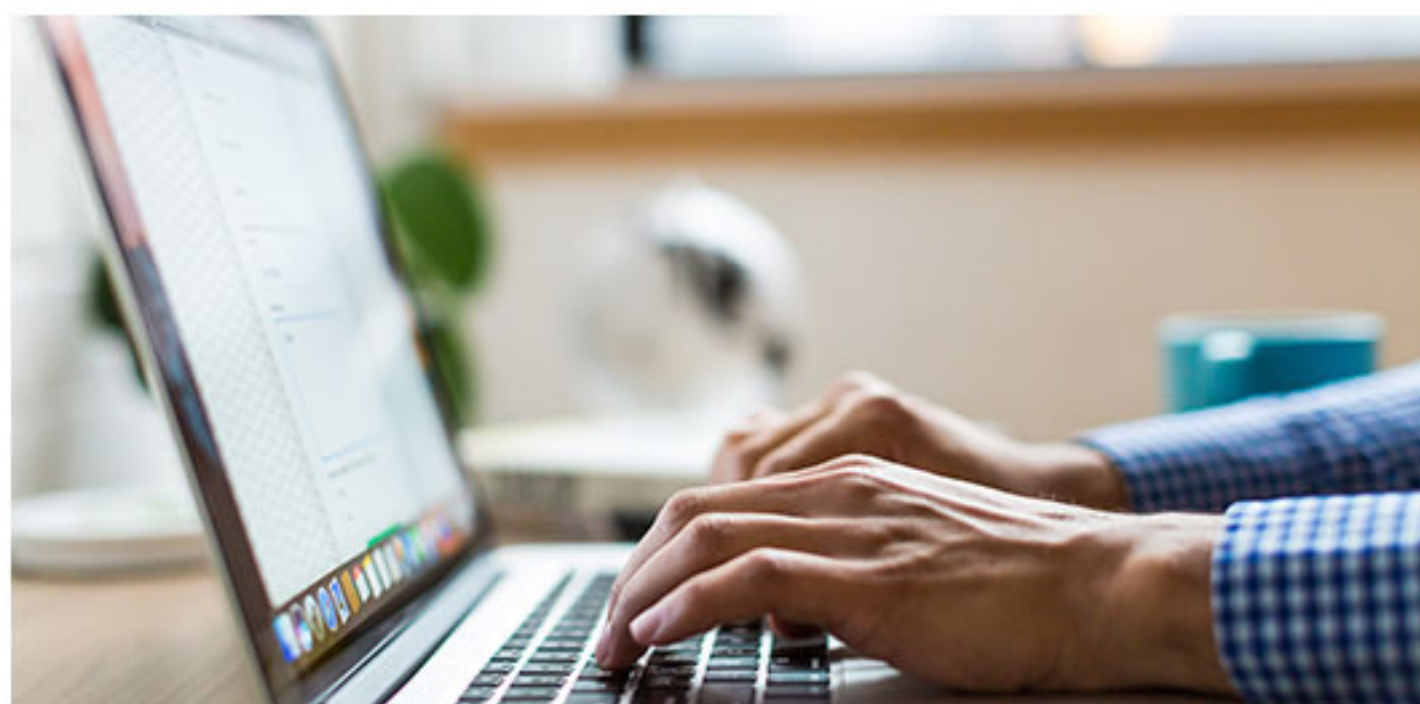
Winter Newsletter



5 tips to cope with setbacks and embrace obstacles

Setbacks are a normal part of life. But when these setbacks are due to a health condition like scleroderma or something that's out of our control, they can be particularly upsetting. To better handle setbacks, explore these tips and tricks.

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