# **SCLERODERMA** SUPPORT GROUP

YOU ARE NOT ALONE

# **SCLERODERMA**

SUPPORT . EDUCATION . RESEARCH

### TRI-STATE CHAPTER

### **OUR MISSION** Support

Provide education and emotional support to people with scleroderma and their families.

#### Research

Stimulate and support research designed to identify the cause and cure for scleroderma, as well as improve methods of treatment.

### **Education**

Enhance the public's awareness of this disease.

### WHAT IS SCLERODERMA?

Literally, scleroderma means "hard skin" yet it's better characterized as the hardening of the body's connective tissues through an overproduction of collagen. As collagen builds, fibrosis hardens tissues. It is chronic and characterized as an autoimmune disease.

About 300,000 persons in the United States are affected and there are millions of patients world-wide. Women are more likely than men to have scleroderma by a ratio of about 4:1.

The term scleroderma is an umbrella under which many specific types of the disease fall. Each type has its own course and treatment options to help patients live longer, better quality lives, until a cure is found.

# **NORTHERN NEW JERSEY**

### **CONTACT US**

Leader: Anita Ryan (973) 726-0677 NorthernNI@scleroderma.org

### 2017 MEETINGS

1:00 pm

Location varies by meeting.

March 14 - Saint Clare's Dover Hospital 400 W Blackwell St, Dover, NJ 07801 Digestive System Involvement in Scleroderma

**April II - Saint Clare's Dover Hospital** 400 W Blackwell St, Dover, NJ 07801 Scleroderma Mini School Medical Jargon

May 9 - Saint Clare's Dover Hospital 400 W Blackwell St, Dover, NI 07801 Kidney Involvement in Systemic Sclerosis

June 13 - Saint Clare's Dover Hospital 400 W Blackwell St, Dover, NJ 07801 Scleroderma Lung Disease

**September 19 - Dover Free Public Library** 32 E Clinton St, Dover, NJ 07801 Skin Care and Wound Management

**October 10 - Dover Free Public Library** 32 E Clinton St, Dover, NJ 07801 Scleroderma Vascular Disease

**November 14 - Dover Free Public Library** 32 E Clinton St, Dover, NJ 07801 Holiday Gathering of Thanksgiving

## **2017 WALKS** STEPPING OUT TO **CURE SCLERODERMA**

#### REGISTER ONLINE

http://walks.SclerodermaTriState.org

Rochester, NY June 3 | 9 am Seneca Park

Buffalo, NY June 3 | 10 am Eastern Hills Mall

Binghamton, NY June 4 | 9 am Otsiningo Park

Long Island, NY June 4 | 9 am Wantagh Park

Albany, NY June 4 | 6:30 pm Crossgates Mall

Hartford, CT June 10 | 9 am University of St Joseph

Ridgefield Park, NJ June II | 9 a.m. Overpeck Park

Syracuse, NY June II | 9 am Onondaga Lake Park

Manhattan, NY June II | 9 am Riverside Park 96th Street

Westchester, NY and Stamford, CT have joined together June II | 9 am Irvington Union Free High School

Poughkeepsie, NY June 17 | 9 am Vassar College

Staten Island, NY June 25 | 9 am Franklin D. Roosevelt Boardwalk & Beach



TRI-STATE CHAPTER

59 Front Street, Binghamton, NY 13905 www.sclerodermatristate.org | 800-867-0885

### Connect with us









Visit SclerodermaVideo.com to access past educational events 24/7 - free-of-charge!