

# SCLERODERMA SUPPORT GROUP

**YOU ARE NOT ALONE**

## SCLERODERMA FOUNDATION

SUPPORT · EDUCATION · RESEARCH

### TRI-STATE CHAPTER

#### OUR MISSION

##### Support

Provide education and emotional support to people with scleroderma and their families.

##### Research

Stimulate and support research designed to identify the cause and cure for scleroderma, as well as improve methods of treatment.

##### Education

Enhance the public's awareness of this disease.

#### WHAT IS SCLERODERMA?

Literally, scleroderma means "hard skin" yet it's better characterized as the hardening of the body's connective tissues through an overproduction of collagen. As collagen builds, fibrosis hardens tissues. It is chronic and characterized as an autoimmune disease.

About 300,000 persons in the United States are affected and there are millions of patients world-wide.

Women are more likely than men to have scleroderma by a ratio of about 4:1.

The term scleroderma is an umbrella under which many specific types of the disease fall. Each type has its own course and treatment options to help patients live longer, better quality lives, until a cure is found.

## NASSAU/QUEENS, NEW YORK CONTACT US

**Leader:** Heidy Dornau  
(917) 572-8154

**Co-Leader:** Heather Hinkley  
(631) 974-0072

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### 2017 MEETINGS

#### St. Philip & St. James Church

432 Lakeville Road  
Lake Success, NY 11042  
Parish Hall, back door

**1:00 pm**

#### March 4

Guest Speaker  
Topic: What you should know about  
Medicaid & Medicare

**April 1**

**May 6**

**June 3**

**September 9**

**October 7**

**November 4**

**December 2**  
Christmas Party

## 2017 WALKS STEPPING OUT TO CURE SCLERODERMA

### REGISTER ONLINE

<http://walks.SclerodermaTriState.org>

#### Rochester, NY

June 3 | 9 am  
Seneca Park

#### Buffalo, NY

June 3 | 10 am  
Eastern Hills Mall

#### Binghamton, NY

June 4 | 9 am  
Otsiningo Park

#### Long Island, NY

June 4 | 9 am  
Wantagh Park

#### Albany, NY

June 4 | 6:30 pm  
Crossgates Mall

#### Hartford, CT

June 10 | 9 am  
University of St Joseph

#### Ridgefield Park, NJ

June 11 | 9 a.m.  
Overpeck Park

#### Syracuse, NY

June 11 | 9 am  
Onondaga Lake Park

#### Manhattan, NY

June 11 | 9 am  
Riverside Park  
96th Street

#### Westchester, NY and Stamford, CT have joined together

June 11 | 9 am  
Irvington Union Free  
High School

#### Poughkeepsie, NY

June 17 | 9 am  
Vassar College

#### Staten Island, NY

June 25 | 9 am  
Franklin D. Roosevelt  
Boardwalk & Beach



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[www.sclerodermatristate.org](http://www.sclerodermatristate.org) | 800-867-0885

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