SCLERODERMA SUPPORT GROUP

YOU ARE NOT ALONE

SCLERODERMA

SUPPORT · EDUCATION · RESEARCH

TRI-STATE CHAPTER

OUR MISSION Support

Provide education and emotional support to people with scleroderma and their families.

Research

Stimulate and support research designed to identify the cause and cure for scleroderma, as well as improve methods of treatment.

Education

Enhance the public's awareness of this disease.

WHAT IS SCLERODERMA?

Literally, scleroderma means "hard skin" yet it's better characterized as the hardening of the body's connective tissues through an overproduction of collagen. As collagen builds, fibrosis hardens tissues. It is chronic and characterized as an autoimmune disease.

About 300,000 persons in the United States are affected and there are millions of patients world-wide. Women are more likely than men

to have scleroderma by a ratio of about 4:1.

The term scleroderma is an umbrella under which many specific types of the disease fall. Each type has its own course and treatment options to help patients live longer, better quality lives, until a cure is found.

ALBANY CAPITAL DISTRICT, NY

CONTACT US

Leader: Carla Gage (518) 573-0259

Co-Leader: Raymond Littlejohn, Jr.

(518) 271-7025

Albany@Scleroderma.org

2017 MEETINGS

Sunnyview Hospital

1270 Belmont Ave. Schenectady, NY 12308

2:00 pm

March II

Topic: Hand Rehab & Tools

April 8

Topic: Healing Touch Therapy

May 13

Guest Speaker: Monica Stoehr

lune 10

Annual Picnic

October 14

Wendel Harris/Massage Therapy

November II

Comic Relief

December 9

Year End Holiday Party

2017 WALKS STEPPING OUT TO CURE SCLERODERMA

REGISTER ONLINE

http://walks.SclerodermaTriState.org

Rochester, NY

June 3 | 9 am Seneca Park

Buffalo, NY

June 3 | 10 am Eastern Hills Mall

Binghamton, NY

June 4 | 9 am Otsiningo Park

Long Island, NY

June 4 | 9 am Wantagh Park

Albany, NY

June 4 | 6:30 pm Crossgates Mall

Hartford, CT

June 10 | 9 am University of St Joseph

Ridgefield Park, NJ

June II | 9 a.m. Overpeck Park

Syracuse, NY

June II | 9 am Onondaga Lake Park

Manhattan, NY

June II | 9 am Riverside Park 96th Street

Westchester, NY and Stamford, CT have joined together

June II | 9 am Irvington Union Free High School

Poughkeepsie, NY

June 17 | 9 am Vassar College

Staten Island, NY

June 25 | 9 am Franklin D. Roosevelt Boardwalk & Beach



TRI-STATE CHAPTER

59 Front Street, Binghamton, NY 13905 www.sclerodermatristate.org | 800-867-0885

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