## 2014 EDUCATION FORUMS

#### **April 12, 2014**

Hospital for Special Surgery 535 E 70th St. New York, NY 10021

#### May 4, 2014

Hofstra University 1000 Fulton Ave Hempstead, New York 11550

#### June 6, 2014

Yale University West Campus 141 Frontage Rd. Orange, CT 06477

#### **August 9, 2014**

Niagara Falls Memorial Medical Center 621 10th St Niagara Falls, NY 14301

#### **September 13, 2014**

Albany College of Pharmacy & Health Sciences 106 New Scotland Ave Albany, NY 12208

#### **September 27, 2014**

Norwich, CT Location TBD

#### **October 11, 2014**

## **African American Health Awareness Day**

Rochester Airport Marriott 1890 Ridge Rd. W Rochester, NY 14615

#### October 25, 2014

Rutger's University 56 College Ave New Brunswick, New Jersey

#### November 23, 2014

HSS – Research Forum Hospital for Special Surgery 535 E 70th St. New York, NY 10021

# 2014 STEPPING OUT TO CURE SCLERODERMA WALKS

#### Binghamton, NY

June 1, 2014 | 9 a.m. Otsiningo Park

#### Long Island, NY

June 1, 2014 | 9 a.m. Wantagh Park

## Albany, NY

June 1, 2014 | 6:30p.m. Crossgates Mall

#### **Rochester, NY**

June 7, 2014 | 9 a.m. Seneca Park

#### Plattsburgh, NY

June 8, 2014 | 9 a.m. Beekmantown Town Hall Park

## Ridgefield Park, NJ

June 8, 2014 | 9 a.m. Overpeck Park

#### Syracuse, NY

June 8, 2014 | 9 a.m. Onondaga Lake Park

#### Hartford, CT

June 14, 2014 | 9 a.m. Blue Back Square

#### Manhattan, NY

June 15, 2014 | 9 a.m. Riverside Park 96<sup>th</sup> St.

#### Poughkeepsie, NY

June 21, 2014 | 9 a.m. Vassar College

#### **Buffalo, NY**

June 21, 2014 | 10 a.m. Eastern Hills Mall

#### Stamford, CT

June 22, 2014 | 9 a.m. Westhill High School



59 Front St.
Binghamton, NY 13905
www.sclerodermatristate.org











# GREATER ENFIELD, CT SCLERODERMA FOUNDATION SUPPORT GROUP

Enfield Central Library 104 Middle Rd Enfield, CT 06082 2:00 p.m.

Leader: Sharon LeDue (860) 741-5028 (860) 394-8733 – weekends only

EnfieldCT@scleroderma.org

Assistant: Teri Beebe (860) 741-5028



# WHAT IS SCLERODERMA

Literally, scleroderma means "hard skin"; however, the disease is better defined as being characterized by a hardening of the body's connective tissue. Approximately 300,000 individuals in the United States are affected by the disease, African-Americans more frequently so and at an earlier age. Scleroderma is a chronic, autoimmune disease which, while currently having no cure, has several new treatment options that improve quality of life and life expectancy.

# DEAR FRIENDS,

Each of our meetings will feature open discussion, a guest speaker or DVD presentation on topics that provide information and skills needed to help cope with chronic illness. We hope you will join us as we provide an atmosphere of camaraderie and mutual support.

Your Tri- State Volunteers,
Sharon LeDue & Teri Beebe

# TRI-STATE SUPPORT GROUPS OFFER

- · Mutual support to people with scleroderma.
- An opportunity to talk with others who have gone through similar health challenges.
- A chance to share experiences, practical suggestions, and ways of coping.
- A welcome place to get information and learn from others in a warm and caring atmosphere.
- Educational information provided by the Scleroderma Foundation.

### TRI-STATE'S THREE-FOLD MISSION:

# **Support**

To provide education and emotional support to people with scleroderma and their families.

#### Research

To stimulate and support research designed to identify the cause of and cure for scleroderma, as well as improve methods of treatment.

#### **Education**

To enhance the public's awareness of this disease.

# 2014 MEETING SCHEDULE

March 15

**May 10** 

Special Time 2:30-4:30

**July 12** 

**September 6** 

**November 15** 

#### **June is Scleroderma Awareness Month**

Find out how to get involved at sclerodermatristate.org